

# Containing the Spread of COVID-19

## Please use this Guide when completing the UTI Health Survey

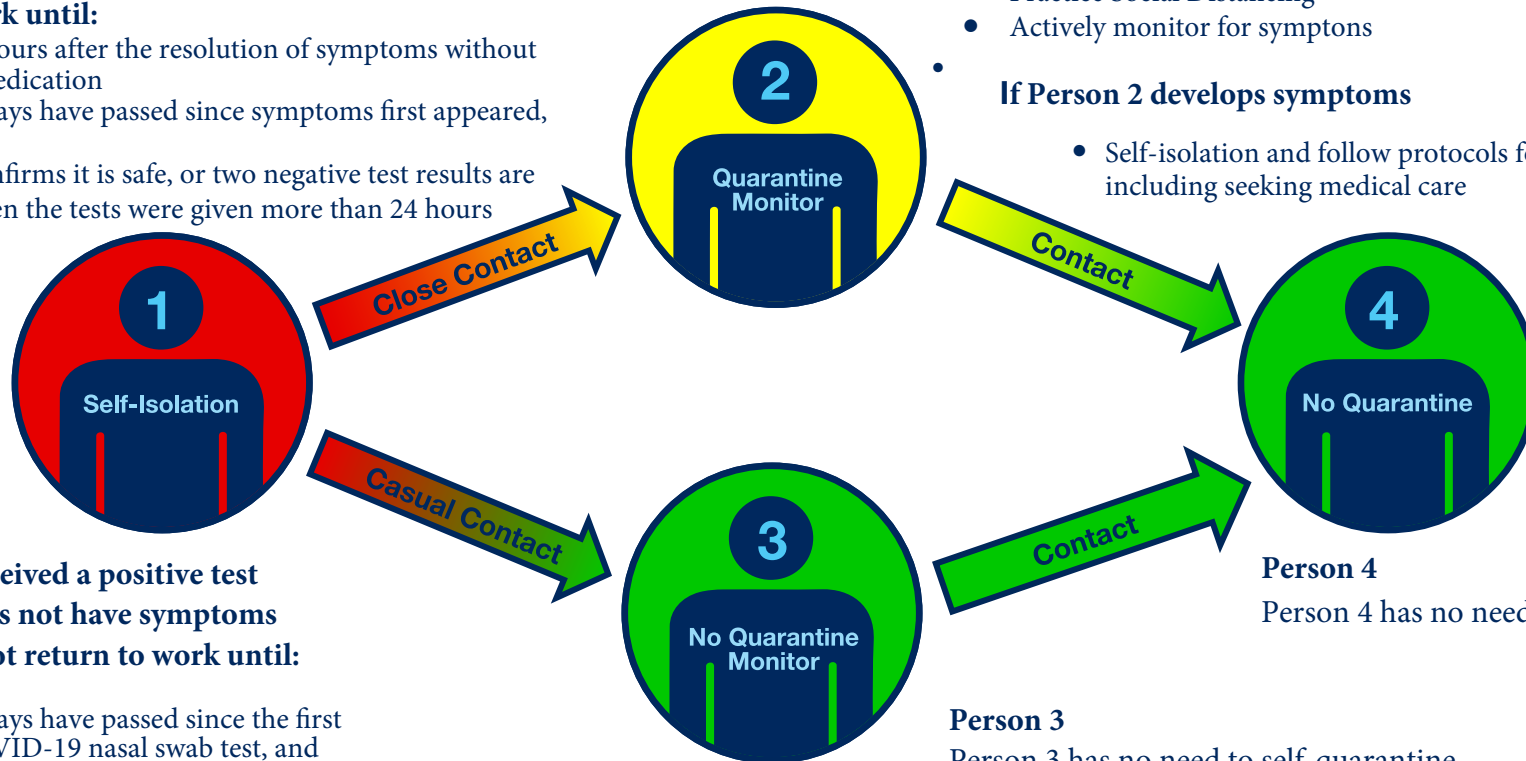
### Person 1

Person 1 should self-isolate and receive the care they need if:

- They are confirmed to have COVID-19, or
- Have symptoms associated with COVID-19 (presumed positive)

**If Person 1 has symptoms (tested or untested) they should not return to work until:**

- At least 72 hours after the resolution of symptoms without the use of medication
- At least 10 days have passed since symptoms first appeared, and
- A doctor confirms it is safe, or two negative test results are received when the tests were given more than 24 hours apart.



**If Person 1 received a positive test result and does not have symptoms they should not return to work until:**

- At least 14 days have passed since the first positive COVID-19 nasal swab test, and
- Has not subsequently developed symptoms,
- and A doctor confirms it is safe.

**Person 2** should self-quarantine for 14 days from date of last contact with Person 1 and self-monitor for symptoms.

**If Person 2 does not have symptoms**

- Remain at home for 14 days,
- Practice Social Distancing
- Actively monitor for symptoms

**If Person 2 develops symptoms**

- Self-isolation and follow protocols for Person 1 including seeking medical care

**Person 3**

Person 3 has no need to self-quarantine.

Person 3 should self-monitor for symptoms.

a) The CDC defines **Close Contact** as:

b) being within approximately 6 feet of Person 1 for an extended period of time, or

c) having direct contact with infectious secretions of Person 1 (i.e., being coughed on).